Supporting the Careers of Top Athletes

Miyako Tanaka-Oulevey, Director of MJ Comtesse Ltd.; Mental Trainer; Bronze Medalist in Synchronized Swimming Duet at the Seoul Olympics

Summary

This paper will discuss the concept of career support for athletes while defining various industry terms such as 'second career' and 'career transition'. The paper will also report on the career support programs currently on offer as well as previous research carried out in Japan and overseas. Finally, the author will speak about her personal experiences including her own career transition.